# Program Services

Pathfinders are trained in the following:

- Certified Application Counselors for MassHealth
- Recovery Coach Academy
- Mental Health First Aid

The Recovery Pathfinder Program offers:

- Family Support Groups in multiple counties
- Knowledge of resources in your county
- Referrals to assistance programs (financial, housing, food, employment)

### Who We Are

The Recovery Pathfinder team is dedicated to helping participants and their families find their path to a healthy recovery lifestyle.

Please contact us if we can be of service to you.

#### **Contact Us:**

Phone: 508-291-2441 x1701

Lisa Whelan, PhD., Director Lisa. Whelan@doc.state.ma.us

Bonnie Mullaney, Admissions Coordinator Bonnie. Mullaney@doc.state.ma.us

Your Regional Team:

**Contact Person:** 

**First Appointment:** 



# Recovery Pathfinder Program

MASAC @ Plymouth
Myles Standish State Forest
1 Bumps Pond Road
Plymouth, MA 02360

Phone: 508-291-2441 x1701

Est. 2018



County	Regional Team
Berkshire, Franklin, Hampshire, Hampden & Worcester	Central West
Essex, Middlesex & Suffolk	North East
Barnstable, Bristol, Dukes, Plymouth, Nantucket & Norfolk	South East

# **Family Support Group**

We are here to provide support, education and resources to families to help them navigate ways to better help their loved ones in their road to recovery!

Available in multiple Counties
Call for locations and times

508-291-2441 x1701

# **Program Description**

The Department of Correction (DOC) Recovery Pathfinder Program assists participants by linking them to a long-term integrated support network pertaining to recovery and community integration while providing support and guidance for section 35 civilly committed individuals. Program participants will begin their path to recovery with a Recovery Pathfinder while they are at the treatment facility and continue services post-release in the community. The scheduled length of the program is up to 90-days within the treatment facility and up to 6-months post-release. While at the treatment facility, program participants are assigned to a Recovery Pathfinder that works within their release county. The number of pathfinders assigned to each county is based on the 2017 monthly releases from the Massachusetts Alcohol and Substance Abuse Center to the community.

## **Mission Statement**

The mission of the Recovery Pathfinder Program is to provide support and advocacy for section 35 civilly committed males as they begin the process of recovery, health and wellness in the community. This is achieved by linking program participants to services that help them achieve their goals for recovery post-release; by introducing an integrated support network such as referrals to transitional support services such as treatment for substance use disorders, mental health, medical treatment, housing, and financial assistance that support their goals for recovery post-release.

#### **Other Resources Available:**

#### **Treatment**

To find treatment bed availability:

HelplineMA.org 800-327-5050

Masspartnerships.com

Findtreatment.samhsa.gov

#### **Peer Support**

AA Eastern MA aaboston.org

AA Western MA meetings.area31aa.org

Refuge Recovery refugerecovery.org

SMART Recovery smartrecovery.org

#### **Support for Families & Friends:**

Learn2Cope.org

Al-Anon/Alateen www.ma-al-anon-alateen.org www.al-anon.org

Celebrate Recovery www.celebraterecovery.com